

CURRICULUM VITAE
KIMA CARGILL, PH.D.
INTERDISCIPLINARY ARTS AND SCIENCES
1900 COMMERCE STREET
TACOMA, WASHINGTON 98402
KCARGILL@U.WASHINGTON.EDU

EDUCATION

Doctor of Philosophy, Counseling Psychology Training Program
Educational Psychology, 2002
University of Texas at Austin

Master of Arts, Counseling Psychology Training Program
Educational Psychology, 1998
University of Texas at Austin

Bachelor of Arts, Philosophy & Government, 1993
University of Texas at Austin

ACADEMIC APPOINTMENTS

Associate Dean

Office of Academic Affairs
The Graduate School
University of Washington
September 2019-present

Interim Associate Dean

Academic Affairs & Planning
The Graduate School
University of Washington
March 2018-September 2019

Professor, Psychology

School of Interdisciplinary Arts and Sciences
University of Washington, Tacoma
September 2017 – present

Associate Professor

Interdisciplinary Arts and Sciences Program, Psychology
University of Washington, Tacoma
September 2008 – present

Assistant Professor

Interdisciplinary Arts and Sciences Program, Psychology
University of Washington, Tacoma
September 2002-August 2008

Clinical Adjunct Professor

School of Medicine

Department of Psychiatry and Behavioral Sciences
University of Washington, Seattle
May 2007-present

Pre-Doctoral Intern/Neuropsychology

Counseling and Assessment Services/Berkshire Assessment Team
University of Massachusetts at Amherst
August 2001 to August 2002

Assistant Instructor

Department of Educational Psychology
University of Texas, Austin
2000-2001

PUBLICATIONS

Books

Chzran, J and Cargill, K. (in production). *Anxious Eaters: Why We Keep Falling for Fad Diets*. Columbia University Press: New York.

Cargill, K. (Ed.). (2016). *Food cults*. Rowman & Littlefield Gastronomy Series. Lanham, MD

Cargill, K. (2015). *The psychology of overeating: Food and the culture of consumerism*. London: Bloomsbury Academic.

Translated Books

Cargill, K. (2017). *The psychology of overeating: Food and the culture of consumerism (Korean Edition)*. Ruach: Seoul, Korea.

Cargill, K. (2016). *The psychology of overeating: Food and the culture of consumerism (Mandarin Edition)*. Hizashi Publish/Andrew Nurnberg LTD: Beijing.

Articles and Chapters (*denotes peer-reviewed)

Cargill, K. (in preparation). Taking from Big Food to give to Big Pharma: The unintended consequences of calling food addictive. Manuscript in preparation.

Cargill, K. (in preparation). Food fears as an expression of neoliberal anxieties. Manuscript in preparation.

Cargill, K. (2016). The psychology of food cult membership. In K. Cargill (Ed.), *Food Cults*. Rowan & Littlefield Gastronomy Series. Lanham, MD.

*Cargill, K. (2016). Overeating, edible commodities and the global industrial diet: How somaesthetics can help psychology and nutrition. *Journal of Somaesthetics*, 2(1-2), 72-84. <http://tinyurl.com/z9epmcv>

*Cargill, K. (2016). Sugar highs and lows: Is sugar really a drug? *New American Notes* (9). <http://tinyurl.com/jo8gfsl>

Cargill, K. (2013). Historical background of food scholarship in psychology and major theoretical approaches in use. In K. Albala (Ed.), *Routledge International Handbook Of Food Studies* (pp. 39-47). New York: Routledge.

- Cargill, K. (2012). Food, consumption, and why cooking matters. In R. S. Stewart & S. A. Korol (Eds.), *Food for Thought: A Multidisciplinary Discussion* (pp. 13-25). Cape Breton, Nova Scotia, Canada: Cape Breton University Press. <http://cbup.ca/books/stewart-korol-food-for-thought/>
- *Cargill, K. (2008). The myth of the green fairy: Distilling the scientific truth about absinthe. *Food, Culture and Society: An International Journal of Multidisciplinary Research*, 11(1), 87-99. doi: 10.2752/155280108X2276069.
- *Cargill, K. (2007). Desire, ritual, and cuisine. *Psychoanal Rev*, 94(2), 315-332. doi: 10.1521/prev.2007.94.2.315.
- *Cargill, K. (2007). Teaching the psychology of food and culture. *Teach Psychol*, 34(1), 41-45. doi: 10.1080/00986280709336649.
- *Cargill, K., & Kalikoff, B. (2007). Linked courses at the twenty-first century metropolitan university. *Teaching English in the Two-Year College*, 35(2), 181-190.
- *Cargill, K., & Kalikoff, B. (2007). Linked psychology and writing courses across the curriculum. *The Journal of General Education*, 56(2), 83-92. doi: 10.1353/jge.2007.0017.*
- *Cargill, K. (2006). Off the couch and onto the streets: Toward an ethnographic psychoanalysis. *Psychoanalysis, Culture & Society*, 11(1), 99-105. doi: 10.1057/palgrave.pcs.2100073.
- *Cargill, K. (2005). Food studies in the curriculum: A model for interdisciplinary pedagogy. *Food, Culture and Society: An International Journal of Multidisciplinary Research*, 8(1), 115-123. doi: 10.2752/155280105778055371.
- *Cargill, K. (2004). *Infusing interdisciplinarity into the psychology curriculum*. APA Division 2, Society for the Teaching of Psychology, Office of Teaching Resources in Psychology. <http://www.lemoyne.edu/OTRP/teachingresources.html#international>.

Book Reviews

- Cargill, K. (2006). The psychology of eating and drinking (Book Review). *Food, Culture and Society: An International Journal of Multidisciplinary Research*, 9(1), 128-129. doi: 10.2752/155280106778055226

INVITED TALKS

- Cargill, K. (2016). *Outsmarting food marketers and advertisers: How to use reverse psychology on the food industry*. Invited Lecture at Swedish Hospital Menu for Change Series.
- Cargill K. (2015). *Consumerism, driving the psychology of overeating*. Invited Lecture at Town Hall Seattle.
- Cargill K. (2015). *Overeating and consumerism*. Invited lecture at University of Washington, Seattle. Department of Nutrition Seminar.
- Cargill K. (2015). *I can't believe I ate the whole thing: Overeating and the high price of consumerism*. Invited lecture at University of Oregon. Eugene, OR.
- Cargill, K. (2009). *Food, Consumption, and Why Cooking Matters*. Invited lecture at University of Cape Breton, Food for Thought Speaker Series. Cape Breton, Nova Scotia, Canada.

INTERVIEWS, APPEARANCES AND MEDIA COVERAGE

Brubaker, D. (2019). *Outsourcing love* (documentary).

<https://www.youtube.com/watch?v=G19wyAd9kag>

Literary Voices Invited Author (2016, May 14). Friends of the University of Washington Libraries Annual Salon.

UW Tacoma Profiles in Research (2016, April 29).

<https://blogs.uw.edu/taclibdc/2016/03/15/profile-in-research-kima-cargill/>

Dennett, C. (2016, Mar 16). *Eating right: When willpower just isn't enough*. The Seattle Times. <http://www.seattletimes.com/life/wellness/eating-right-when-willpower-just-isnt-enough/>

Smith, R. (2015, Dec 23). We're overweight for the same reason we are in debt. A review of Kima Cargill's *The Psychology of Overeating*. *The Seattle Stranger*.

<http://tinyurl.com/ow84e6d>

American Medicine Today (2015, Dec 19). [Interview with Dr. Kima Cargill](#).

Reynolds, R. (2015, Nov 23). How consumerism feeds overeating. The Record. KUOW Radio. <http://kuow.org/post/how-consumerism-feeds-overeating>

Erbentraut, J. (2015, Nov 19). Why we need to stop treating overeating as a personal failure. The Huffington Post. http://www.huffingtonpost.com/entry/overeating-psychology-willpower-marketing_564cd7c3e4b00b7997f8bf99?c6tdfgvi

KING5 News. (2015, Nov 17). [The psychology of overeating](#).

Bach, D. (2015, Nov 4). Krispy Kreme crack and luxury food fever: New book links overeating to consumer culture. UW Today.

<http://www.washington.edu/news/2015/11/04/krispy-kreme-crack-and-luxury-food-fever-new-book-links-overeating-to-consumer-culture/>

Giordano, O. (2015, Nov. 4). How our consumer culture breeds overeating. The Daily Meal.

<http://www.thedailymeal.com/healthy-eating/how-our-consumer-culture-breeds-overeating>

Grant, B. (2015, Nov 1). Capsule reviews: The psychology of overeating. *The Scientist*.

<http://www.the-scientist.com/?articles.view/articleNo/44348/title/Capsule-Reviews/>

Van Cise, T. (2015, Oct 6). Consumerism and overeating. KOMO Radio.

<http://kimacargill.com/wp-content/uploads/2015/11/110915-audio-for-cargill.mp3>

Swarner, K. (2008, May 1). Food lust: Do we hunger for our food. *Weekly Volcano*, cover.

Gaudette, K. (2007, January 31). Recipe for romance: Cooking schools, supermarkets cater to singles. *The Seattle Times*, p. C1.

Plegge, N. (2006, December). Brains, bats, and bugs: What you consider 'weird' is just a matter of geography. *Sauce Magazine*, 36.

Intercambian profesores norteamericanos con académicos cienfuegueros. (2005, January 24). *Granma* (Cuban National Daily newspaper). Retrieved March 21, 2007, from <http://www.granma.cubaweb.cu/2005/01/24/nacional/articulo07.html>.

Cuban and US Universities Strengthen Relations. (2005, January 24). *Prensa Latina*. Retrieved March 21, 2007, from <http://www.cubaxp.com/modules/news/article-530.html>.

Profesores universitarios de EEUU ratifican su amistad con Cuba por francisco forteza. (2005, January 24). *Agrupación de Profesionales Partido Comunista de Madrid*. Retrieved March 21, 2007 from http://www.profesionalespcm.org/_php/MuestraArticulo2.php?id=2132c.

Banse, T. (2004, September 2). Half of Northwest wi-fi users leave door open to hackers. KUOW Puget Sound Public Radio. Retrieved March 21, 2007, from <http://www.kuow.org/defaultProgram.asp?ID=7715>

CONFERENCE PRESENTATIONS

Cargill, K. (2021, June). *The Psychology of Fad Diets*. Panel chaired at the annual convention for the Association for the Study of Food and Society, (online conference due to COVID).

Cargill, K. (2021, March). *Program Review in a Changing Environment*. Panel at the annual convention for the Western Association of Graduate Schools, (online conference due to COVID).

Cargill, K. (2020, March). *The Perils and Pitfalls of Academic Program Review*. Panel to be chaired at the annual convention for the Western Association of Graduate Schools, Albuquerque, NM.

Cargill, K. (2017, June). *Is Food Addictive?* Panel chaired at the annual convention for the Association for the Study of Food and Society, Los Angeles, CA.

Cargill, K. (2017, June). *Food Addiction: Fact or Fiction?* Paper presented at the annual convention for the Association for the Study of Food and Society, Los Angeles, CA.

Cargill, K. (2016, June). *Pseudoscience and Nutrition: The Enduring Appeal of Magical Thinking, Dietary Fads and Nutritional Extremism*. Panel chaired at the annual convention for the Association for the Study of Food and Society, Toronto, ON.

Cargill, K. (2016, June). *Magical Thinking and Nutrition: Can Diets Manage Our Deepest Anxieties?* Paper presented at the annual convention for the Association for the Study of Food and Society, Toronto, ON.

Cargill, K. (2015, June). *Sugar is Toxic, But is It Intoxicating?* Paper presented at the annual convention for the Association for the Study of Food and Society, Pittsburgh, PA.

Cargill, K. (2014, June). *Are Binge Eating and Hoarding Disorders Culture-Bound Syndromes?* Paper presented at the annual convention for the Association for the Study of Food and Society, Burlington, VT.

- Cargill, K. (2013, May) *The return of the repressed: The rise of the "Paleo" lifestyle*. Paper presented at the Association for the Study of Food and Society Annual Conference.
- Cargill, K. (2011, June). *Food, Xenophobia, and the Ethnic Unconscious*. Paper presented at the annual convention for the Association for the Study of Food and Society, Missoula, MT.
- Cargill, K. (2009, October). *Food, Xenophobia, and the Ethnic Unconscious*. Paper presented at the annual convention for the Association of Psychoanalysis, Culture, and Society, Rutgers, New Jersey.
- Cargill, K. (2007, October). *Food as cultural transitional object*. Paper presented at the annual convention for the Association of Psychoanalysis, Culture, and Society, Rutgers, New Jersey.
- Cargill, K. (2005, October). *The cult of the green fairy: A Psychoanalytic ethnography of contemporary underground absinthe drinkers*. Paper presented at the annual convention for the Association of Psychoanalysis, Culture, and Society, Rutgers, New Jersey.
- Cargill, K. (2005, June). *The cult of the green fairy: Contemporary underground absinthe drinkers*. Paper presented at the annual convention for the Association for the Study of Food and Society, Portland, OR.
- Cargill, K. (2005, January). *Identity, Ritual, and Cuisine: The Psychology of Food and Community*. Paper presented at the University and Community Conference, Cienfuegos, Cuba.
- Cargill, K. (2004, June). *Obesity, greed, and consumption: Filling the empty self*. Paper presented at the annual convention for the Association for the Study of Food and Society, Hyde Park, NY.
- Cargill, K. (2003, June). *Lust for food: A psychoanalytic understanding of food as love, sensuality, and art*. Paper presented at the annual convention for the Association for the Study of Food and Society, Austin, TX.
- Cargill, K. (2003, April). *Faculty perceptions of college students with learning disabilities*. Paper presented at the Western Psychological Association Convention, Vancouver, BC, Canada.
- Cargill, K. & Huckleberry, T. (2000, August). Mediating dominant gender discourse in the classroom: Perspectives of Feminist Educators. In L. Gilbert (Chair), *Applications of feminist theories to women's diverse lives*. Symposium conducted at the annual convention of the American Psychological Association, Washington, D.C.
- Cargill, K., Hernandez, K.M., Mahl, D., & Carlson, C. (1997, November). *Enhancing minority success in middle school*. Poster presented at the Annual Texas Psychological Association Convention, Austin Texas.

REPORTS AND THESES

- Cargill, K. L. (2002). The influence of gender processes on jury deliberations: A psychoanalytic study on group dynamics (Doctoral dissertation chaired by Lucia Gilbert, University of Texas at Austin, 2002). *Dissertation Abstracts International*, 64/10, p. 5272, Apr 2004.

Carlson, C.I. (with D. Schott, K. Cargill, D. Mahl, & K. Hernandez) (1998). *Building bridges for minority success in the transition from elementary to middle school: Final report*. Austin, TX: Hogg Foundation for Mental Health.

AWARDS AND GRANTS

University of Washington IAS Research Grant, 2016
 University of Washington, Royalty Research Fund Grant (Fellow), 2015
 University of Washington IAS Research Grant, 2015
 University of Washington IAS Research Grant, 2014
 University of Washington IAS Research Grant, 2013
 University of Washington Chancellor's Endowment Travel Grant, 2011
 University of Washington Founder's Endowment Grant, 2005
 University of Washington Arts and Lectures Grant, 2004
 American Psychological Association, Division 2: Society for the Teaching of Psychology Instructional Resource Award, 2003 (one of three national recipients)
 University of Washington Founder's Endowment Grant, 2003
 University of Washington Arts and Lectures Grant, 2003
 Interdisciplinary Arts and Sciences Research Grant, 2003

SERVICE

University Service

Member, Promotion Committee (Libi Subnderman) 2021-2022
 Member, Promotion Committee (Joanne Clark Dilman) 2021-2022
 Member, Faculty Senate Committee on Planning and Budgeting 2021-2024 (expected)
 Chair, Search Committee for Graduate Enrollment Management Services (GEMS) Director 2020-2021
 Member, Faculty Senate Chair's Cabinet 2020-2021
 Member, Provost's Committee to Review Continuum College 2020-2021
 Co-chair, Vice-Provost's Task Force on CIP Code Classification 2020
 Member, Promotion Committee (David Coons) 2020-2021
 Member, Promotion Committee (Sharon Laing) 2020-2021
 Member, Promotion Committee (Rachel Hershberg) 2020-2021
 Member, Promotion Committee (Natalie Jolly) 2019-2020
 Member, Promotion Committee (Ed Chamberlain) 2019-2020
 Member, Associate Dean of University Libraries Search Committee 2019
 Co-Chair, Provost's Task Force on Survey Activity 2019
 Member, Promotion Committee (Beverly Naidus) 2018-2019
 Member, Promotion Committee (Altaf Merchant) 2018-2019
 Chair, Tenure Committee (H. Lee) 2017-2018
 SIAS Faculty Council Chair 2017-2018
 Member, Graduate School Council, Autumn 2016-Spring 2018
 SIAS Faculty Council, Vice-Chair (Chair Elect), 2016-2017
 Chair, Environmental Psychology Search Committee, 2015
 Chair, Third Year Review Committee (H. Lee), 2014
 Chair, Psychology Portfolio Assessment Committee, 2014
 Chair, Industrial/Organizational Psychology Search Committee, 2012-2013
 Member, Royalty Research Fund Committee, Autumn 2010-Spring 2013
 Member, Graduate School Council, Autumn 2010-Spring 2013
 Graduate School Council Representative, School of Law Review, 2012-2013

Speaker/Organizer of Psychology Major Seminar on Graduate Study in Psychology and Related Areas

Member, IAS Faculty Governance Committee, 2013

Chair, Third Year Review Committee (S. Ross), 2012

Chair, Health Psychology Search Committee, 2012

Graduate School Council Representative, Foster School of Business Review, 2012

Member, Royalty Research Fund Committee, Spring 2010-Spring 2012

Reviewer, Royalty Research Fund, Fall 2009

Member, Faculty Assembly Executive Council, 2009-2010

Psychology Concentration Coordinator, 2007-2008 Academic Year

Member, Vice Chancellor for Student Affairs Search Committee, Winter 2007, Spring 2007

Member, Mathematics Search Committee, Winter 2007

Member, Spanish Search Committee, Autumn 2005, Winter 2006

Member, President's Advisory Council on Women, 2004, 2005, 2006

Co-Director, International Study Program in Cienfuegos, Cuba, Winter 2006 to present

Member, Vice Chancellor's Research Task Force, Winter 2004- Spring 2004

Member, Founder's Endowment Grant Committee, Spring 2004

Member, Arts and Lectures Committee, 2003, 2004, 2005

Coordinator, Psychology Concentration, Autumn 2004

Chair, Psychology Search Committee, Spring 2004

Co-Chair, Psychology Task Force, Spring 2004

Member, Writing Interview Search Committee, Autumn 2002- Winter 2003.

Organizer, Panel on graduate study preparation, 2003, 2004

Organized lecture by Dr. Trista Huckleberry (Ft. Worth Independent School District) on "School vs. Hip-Hop Culture: Black Youth Identity Development," sponsored by the UWT Arts and Lectures Series and the UWT Diversity Task Force, April 8, 2004.

Organized lecture by Dr. Ricardo Ainslie (University of Texas at Austin) on "Race, Murder, and Community Trauma: The Impact of the Murder of James Byrd on Jasper, Texas," sponsored by the UWT Arts and Lectures Series and the UWT Diversity Task Force, February 27, 2003.

Service to the Profession

Editorial Reviewer: *Food and Foodways*, 2020

Board Member, Association for the Study of Food and Society, 2015-2018

Belasco Prize Award Administrator (ASFS), 2016

Editorial Reviewer: *Food, Culture, and Society*, 2003, 2007, 2009

Book Reviewer, *Food, Culture, and Society*, 2004

Editorial Reviewer: *Psychology of Women Quarterly*, 1997 – 1998

Community Service

International Rescue Committee, Volunteer, 2009-present

Center for Wooden Boats, Volunteer 2009 - present

Seattle Architecture Foundation, Volunteer, 2009 - present

American-Moroccan International Exchange (A.M.I.E.) – Board Member and Vice President, 2006-2008

Bats Northwest – Bat Ambassador and Conservationist

Seattle Public Library Spanish Speaking Docent – 2005 to 2008

PROFESSIONAL AFFILIATIONS

Council of Graduate Schools

Western Association of Graduate Schools
American Psychological Association
 Division 2, Society for the Teaching of Psychology
 Division 39, Psychoanalysis
American Psychoanalytic Association
Seattle Psychoanalytic Society & Institute
Association for the Psychoanalysis of Culture and Society
Association for the Study of Food and Society
Northwest Center for Psychoanalysis
Northwest Alliance for Psychoanalytic Study
Center for Women and Democracy, University of Washington

COURSES TAUGHT

Controversies in Clinical Psychology
Freud and His Critics
Existential Psychology
Mental Illness Across Cultures
Psychology of Food and Culture
Abnormal Psychology
Child Abnormal Psychology
Personality Theories