

P. F. Jonah Li, Ph.D.

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POSITIONS

Assistant Professor **University of Washington Tacoma**
2022 – Present School of Interdisciplinary Arts & Sciences

EDUCATION AND TRAINING

Ph.D. **Indiana University Bloomington**
2022 Counseling Psychology (APA-accredited)

Predoctoral Internship **University of Washington Counseling Center**
2022 Counseling Psychology (APA-accredited)

M.A. **University of Denver**
2017 Counseling Psychology (MPCAC-accredited)

B.S.S. **Hong Kong Shue Yan University**
2014 Counseling and Psychology

AWARDS AND HONORS

Research

2022 **Outstanding Student Award**, International Society for the Science of Existential Psychology (ISSEP)

2021 **Graduate Student Outstanding Research Award**, International Section, Society of Counseling Psychology (SCP; Div. 17), American Psychological Association (APA)

2021 **Honey Family Foundation Graduate Student Scholarship**, the International Network on Personal Meaning (INPM)

2021 **Honorable Mention**, INPM

2021 **Student Scholarship**, International Positive Psychology Association

2021 **Finalist**, Best Graduate Student Poster Award, Society for Humanistic Psychology (Div. 32), APA

2020 **Student Award for Distinguished Contributions to Positive Psychology**, Section on Positive Psychology, SCP (Div. 17), APA

2020 **Worth Publishers/Macmillan Learning Graduate Student Award**, Existential Psychology Preconference of the Society for Personality and Social Psychology

2020 **Student Funding Award**, SCP (Div. 17), APA

2020 **Counseling Psychology Graduate Student Research Fund**, Department of Counseling and Educational Psychology (CEP), Indiana University (IU)

2020 **Dr. Michael Tracy Counseling Psychology Award**, IU CEP Dept

2019 **Dr. Michael Tracy Counseling Psychology Award**, IU CEP Dept

2017 **Outstanding Achievement in Research Award**, Morgridge College of Education, University of Denver (DU MCE)

Teaching

2020 **Outstanding Associate Instructor Award**, IU CEP Dept
2019 **Outstanding Associate Instructor** (nominated), IU CEP Dept

Service

2020 **Paul F. Munger Memorial Fund**, IU CEP Dept
2019 **Emissary Fellowship**, IU University Graduate School
2018 **Graduate Student Award**, Association of Chinese Helping Professionals and Psychologists-International (ACHPPI)

Academic Performance

2021 **Merit Graduate Scholarship**, Alpha Kappa Alpha (AKA) Educational Advancement Foundation (EAF), Inc.
2017 **Morgridge College of Education Dean's Scholarship**, DU MCE
2013 **Honor Roll**, Hong Kong Shue Yan University

RESEARCH GRANTS

2020 – 2021 **Efficacy of an Online Self-Help Workbook on Promoting Purpose in Life: A Randomized Controlled Trial with U.S. Adults Interested in Exploring Purpose in Life.**
(1) *Harry and Miriam Levinson Scholarship*, the American Psychological Foundation/Council of Graduate Departments of Psychology (APF/COGDOP);
(2) *Research Award*, the IU Graduate and Professional Student Government (GPSG);
(3) *Achasa Beechler Dissertation Proposal Fellowship*, the IU School of Education
Role: Principal Investigator (PI)
Amount: \$9,000

2017 **On the Relationship between Perceived Stress, Subjective Well-Being, and Psychological Distress: The Moderating Roles of Subjective Happiness and Meaning in Life**
Counseling Psychology Research and Scholarship Award, DU MCE
Role: PI
Amount: \$200

RESEARCH GRANTS (NOT FUNDED)

2018 **Giving Thanks Together: Evaluating the Gratitude Group Program**
John Templeton Foundation
Role: Co-I
Amount: \$1,594,689

PEER-REVIEWED PUBLICATIONS

Manuscripts

17. Li, P. F. J., Wong, Y. J., McCullough, K. M., Jin, L., & Wang, C. D. (2022). Existential Meaninglessness Scale (EMS): Scale development and psychometric properties. *Journal of Humanistic Psychology*. Advance online publication. <https://doi.org/10.1177%2F00221678211072450>
16. Svetina Valdivia, D., & Li, P. F. J. (2021). Psychometric properties and internal validity of the Multidimensional Existential Meaning Scale. *Measurement and Evaluation in Counseling and Development*, 55(3), 166-186. <https://doi.org/10.1080/07481756.2021.1998779>
15. Cheng, H., Wong, Y. J., Li, P. F. J., & McDermott, R. (2021). COVID-19 racism, anxiety, and racial/ethnic attitudes among Asian American college students. *Counselling Psychology Quarterly*. Advance online publication. <https://doi.org/10.1080/09515070.2021.1988514>
14. Li, P. F. J., Wong, Y. J., Granderson, R. M., & Jackson, D. (2021). Comprehension, purpose, and mattering? A latent profile analysis of laypeople's beliefs about meaning in life. *Journal of Positive Psychology*. Advance online publication. <http://dx.doi.org/10.1080/17439760.2021.1991445>
13. Li, P. F. J., Wong, Y. J., & McDermott, R. (2021). Examining Nietzsche's epigram: Having a why helps you bear almost any how? *Journal of Humanistic Psychology*. Advance online publication. <https://doi.org/10.1177%2F00221678211041828>
12. Li, P. F. J., & Wong, Y. J. (2021). Strength-Centered Therapy: A positive and culturally flexible therapeutic approach. *Asia Pacific Journal of Counselling and Psychotherapy*, 12(2), 154-169. <https://doi.org/10.1080/21507686.2021.1925313>
11. Li, P. F. J., & Wong, Y. J. (2020). Beliefs in free will versus determinism: Search for meaning mediates the life scheme—depressive symptom link. *Journal of Humanistic Psychology*. Advance online publication. <https://doi.org/10.1177%2F0022167820933719>
10. Deng, K., Wong, Y. J., Li, P. F. J., & McCullough, K. M. (2020). Dialectical coping among Chinese college students. *Counselling Psychology Quarterly*. Advance online publication. <https://doi.org/10.1080/09515070.2020.1783641>
9. Wilkins-Yel, K., Gumbiner, G., Grimes, J., & Li, P. F. J., (2020). Advancing social justice training through a difficult dialogue initiative: Reflections from facilitators and participants. *The Counseling Psychologist*, 48(6), 1-31. <https://doi.org/10.1177%2F0011000020919905>
8. Liu, H., Wong, Y. J., Goodrich, N., Li, P. F. J., Cheng, J. (2020). A phenomenological study of East Asian international students' experience of counseling. *The International Journal for the Advancement of Counselling*, 42(3), 269-291. <https://doi.org/10.1007/s10447-020-09399-6> [The third and fourth authorships were determined alphabetically, with both authors contributing equally to the article.]
7. Li, P. F. J., Wong, Y. J., McDermott, R., Cheng, H., & Ruser, J. (2019). U.S. college students' lay beliefs about hope: A mixed-methods study. *The Journal of Positive Psychology*, 16(2), 249-262. <https://doi.org/10.1080/17439760.2019.1689420>
6. Li, P. F. J., Wong, Y. J., & Chao, R. C.-L. (2019). Happiness and meaning in life: Unique, differential, and indirect associations with mental health. *Counselling Psychology Quarterly*, 32(3-4), 396-414. <https://doi.org/10.1080/09515070.2019.1604493>

5. Li, P. F. J., Wong, Y. J., & Cawthra, J. N. (2019). I'd like to have all the characteristics of a hero: A case study of Strength-Centered Therapy. *Clinical Case Studies, 18*(3), 200-219. <https://doi.org/10.1177%2F1534650119837353>
4. Chao, R. C.-L., Green, K., Dugar, K., Paiko, L., Zhao, J., & Li, P. F. J. (2019). Rasch analysis of the Brief Symptom Inventory-18 with African American and White students. *Psychological Assessment, 31*(1), 100-113. <http://dx.doi.org/10.1037/pas0000633>
3. Wong, Y. J., Deng, K., Lee, C. S., Grimes, J., & Li, P. F. J. (2018). Asian Pacific Islander Americans' and White Americans' suicide methods. *Asian American Journal of Psychology, 9*(4), 318-326. <http://dx.doi.org/10.1037/aap0000127> [The fourth and fifth authorships were determined alphabetically, with both Jeffrey Grimes and P. F. Jonah Li contributing equally to the article.]
2. Dunk, M., Engblom, H., Gissen, M., Joseph, E., Li, J. P. F., Russell, D. W., & McRae, C. (2017). Social support and loneliness among Parkinson care partners. *Medical Research Archives, 5*(8), 1–14. <https://journals.ke-i.org/index.php/mra/article/view/1443> ISSN 2375-1924.
1. McRae, C., Li, J. P. F., Dunk, M., Cochran, R., Engblom, H., Gissen, M., ...Henchcliffe, C. (2016). Very long term follow-up of fetal tissue transplantation for treatment of Parkinson's disease: Effects on quality of life from 1995 to 2015. *Movement Disorders, 31*(9), E1–E13.

Book Chapters

1. Wong, Y. J., Li, P. F. J., & Zounlome, N. O. O. (in press). The intersections of race, ethnicity, and gender: Applications to Asian American fathers. In S. Molloy, P. Azzam, & A. Isacco (Eds.), *Handbook of the psychology of fatherhood*.

MANUSCRIPTS SUBMITTED

Under review

2. Li, P. F. J., Wong, Y. J., Deng, K., & Yue, L. (under review). *An interpretive phenomenology: Chinese and Taiwanese participants' perspectives on gratitude in a culturally adapted psychotherapeutic group and in Chinese culture*.
1. Li, P. F. J., & Wong, Y. J. (under review). *Strengths, values, identity, and passion: An integrated multilevel personality and self-concordant framework to promoting purpose in life*.

PEER-REVIEWED NEWLETTERS

3. Li, P. F. J. (2022, August 31). *Existential meaninglessness concern and suicide ideation: The mediating role of existential meaninglessness anxiety*. Published at the Existential Positive Psychology Bulletin of the International Network on Personal Meaning (INPM). Retrieved from <https://mailchi.mp/meaning.ca/epp-august-11533840>
2. Li, P. F. J. (2019, April 1). *Research in positive psychology*. Research spotlight published at the newsletter of Association of Chinese Helping Professionals and Psychologists-International (ACHPPI). Retrieved from <http://achppi.org/wp-content/uploads/2019/04/ACHPPI-newsletter-fall-2018-spring-2019.pdf>
1. Li, P. F. J. (2019, February 12). *Intersectionality and research in psychology*. PsychBytes published at the newsletter of Indiana Psychological Association. Retrieved from https://indianapsychology.org/v_newsletters/newsletter_5760187.htm

PEER-REVIEWED CONFERENCE PRESENTATIONS

International

7. **Li, P. F. J.** (2022, June). *Existential meaninglessness concern and suicide ideation: The mediating role of existential meaninglessness anxiety*. Poster presentation at the Meaning in Life 2022 International Conference.
6. **Li, P. F. J.** (2021, August). *Though interpersonal insignificance may destroy you, having personal meaning may save you: Perceived personal meaning moderates the anti-mattering-suicide ideation link*. Poster presentation at the 11th Biennial International Meaning Conference.
5. **Li, P. F. J., & Wong, Y. J.** (2021, August). *Laypeople's versus the tripartite perspectives: A latent profile analysis of laypeople's beliefs about meaning in life*. Poster presentation at the 11th Biennial International Meaning Conference.
4. **Li, P. F. J., Wong, Y. J., & Chao, R. C.-L.** (2021, July). *Happiness and meaning in life: Unique, differential, and indirect associations with mental health*. Poster presentation at the 7th International Positive Psychology Association (IPPA) World Congress.
3. **Li, P. F. J.** (2021, July). *(Re)examining the dimensionality of the Multidimensional Existential Meaning Scale: Using the bifactor model and ancillary bifactor measures*. Poster presentation at the 7th International Positive Psychology Association (IPPA) World Congress.
2. **Li, P. F. J., Wong, Y. J., & Cawthra, J. N.** (2021, July). *I'd like to have all the characteristics of a hero: A case study of Strength-Centered Therapy*. Poster presentation at the 7th International Positive Psychology Association (IPPA) World Congress.
1. **Li, P. F. J., & Chao, R. C.-L.** (2017, January). *The pursuit of meaning in life among Christians and its relationships with perceived stress, happiness, psychological distress, and subjective well-being*. Poster presented at Psychology of Christian Faith Conference, Hong Kong.

National

22. **Li, P. F. J., Wong, Y. J., Laskowski, L. R., & Cearing, C. C.** (2021, August). *Proposing a self-help workbook approach to promoting purpose in life*. Poster presentation at the annual convention of the American Psychological Association, San Diego, CA. (The third and fourth authors contributed equally to this poster presentation; the order of authorship for these two authors was randomly determined.)
21. **Li, P. F. J., & Wong, Y. J.** (2021, August). *An integrated, multilevel personality and self-concordant framework to promoting purpose in life*. Poster presentation at the annual convention of the American Psychological Association, San Diego, CA.
20. **Li, P. F. J., & Wong, Y. J.** (2021, August). *Strength-Centered Therapy: A positive and culturally flexible therapeutic approach*. Poster presentation at the annual convention of the American Psychological Association, San Diego, CA.
19. **Li, P. F. J., Wong, Y. J., McCullough, K. M., Jin, L., & Wang, C. D.** (2021, February). *Existential Meaninglessness Scales: Scale development and psychometric properties*. Poster presentation at the Existential Psychology Preconference of the annual convention of Society of Personality and Social Psychology of American Psychological Association.
18. **Li, P. F. J., & Wong, Y. J.** (2021, February). *Beliefs in free will versus determinism: Search for meaning mediates the life scheme–depressive symptom link*. Poster presentation at the

- Existential Psychology Preconference of the annual convention of Society of Personality and Social Psychology of American Psychological Association.
17. **Li, P. F. J.**, Wong, Y. J., & McDermott, R. (2020, August). *Having a why helps you bear any how: Resilience mediates purpose and pathways*. Poster presentation at the annual convention of American Psychological Association, Washington, DC.
 16. **Li, P. F. J.**, Wong, Y. J., Granderson, R. M., & Jackson, D. (2020, August). *A latent profile analysis of laypeople's beliefs about meaning in life*. Poster presentation at the annual convention of American Psychological Association, Washington, DC.
 15. **Li, P. F. J.**, Wong, Y. J., McDermott, R., Cheng, H., & Ruser, J. (2020, August). *U.S. college students' lay beliefs about hope: A mixed-methods study*. Poster presentation at the annual convention of American Psychological Association, Washington, DC.
 14. **Li, P. F. J.**, Lorah, J. A., Lee, B., & Housh, K. A. (2020, April). *Applying effect sizes in positive psychology research: Three empirical benchmarks*. (Conference cancelled). Annual convention of American Educational Research Association, San Francisco, CA. <https://www.aera20.net/>
 13. Ho, Y. C. S., **Li, P. F. J.**, S. Y. Wang, & L. Wang. (2020, April). *A discussion on the psychological impact on international students and scholars concerning recent protests in Hong Kong and Taiwan*. Symposium presentation at the 2020 Counseling Psychology Conference, New Orleans, LA. (Conference cancelled).
 12. Hwang, B., J., Lee., J., **Li, P. F. J.**, & Park-Saltzman, J. (2020, April). *Psychology of liberation for international psychologists in the U.S*. Symposium presentation at the 2020 Counseling Psychology Conference, New Orleans, LA. [Authorships were determined alphabetically, with all authors contributing equally to the symposium.] (Conference cancelled).
 11. **Li, P. F. J.**, & Aajibose, A. (2019, August). *International counseling trainees' experiences in cross-cultural relationships in supervision*. Panel presentation at the meeting of the annual convention of American Psychological Association, Chicago, IL.
 10. Lee, C. S., Gonzalez, P. D., **Li, P. F. J.**, Pardue, D. A., Kennedy, K. W., & Wilkins-Yel, K. G. (2019, August). *Counseling psychologists as consultants: Lessons learned from a social justice consultation project*. Poster presentation at the annual convention of American Psychological Association, Chicago, IL.
 9. Cheng, J., & **Li, P. F. J.** (2019, August). *To be and take responsibility: Addressing free will as a tool for social justice*. Poster presentation at the annual convention of American Psychological Association, Chicago, IL.
 8. **Li, P. F. J.**, Grimes, J., Lee, C. S., Deng, K., & Wong, Y. J. (2018, August). *Asian Pacific Islander Americans' and White Americans' suicide methods*. Poster presentation at the annual convention of American Psychological Association, San Francisco, CA.
 7. Deng, K., Wong, Y. J., **Li, P. F. J.**, Yue, L., & Yang, S. (2018, August). *Mandarin-speaking individuals' experiences with the Mandarin gratitude group program*. Poster presentation at the annual convention of American Psychological Association, San Francisco, CA.
 6. Chao, R. C.-L., Sherry, P., Zhang, D. Y. S., Zhao, C., & **Li, J. P. F.** (2017, August). *Driving competence scale: Development and analysis*. Poster presentation at the annual convention of American Psychological Association, Washington, DC.
 5. Chao, R. C.-L., **Li, P. F. J.** & Sadler, T. (2017, August). *Racism and mental health: An explorative research on ethnic minority clients*. Poster presentation at the annual convention of American Psychological Association, Washington, DC.

4. McRae, C., **Li, P. F. J.**, Dunk, M., Cochran, R., Engblom, H., Gissen, M., ... Henchcliffe, C. (2016, September). *Very long term follow-up of fetal tissue transplantation for treatment of Parkinson's disease: Effects on quality of life from 1995 to 2015*. Poster presentation at the 30th Annual Symposium on Parkinson's Disease and Other Movement Disorders, Portland, OR.
3. Chao, R. C.-L., **Li, P. F. J.**, Paiko, L., Sadler, T., Zhang, D. Y. S., & Zhao, C. (2016, August). *The voice from international students: Toward a globalized mentoring*. Symposium presentation at the annual convention of American Psychological Association, Denver, CO.
2. Kaminsky, G. G., **Li, P. F. J.**, Kidd, E., Drinane, J. M., Manthos, M., Shuck, B., & Owen, J. (2016, August). *Witnessing coworkers with benefits and employee engagement*. Poster presentation at the annual convention of American Psychological Association, Denver, CO.
1. Longo, J., Sadler, T., **Li, P. F. J.**, & Chao, R. C.-L. (2016, August). *Homonegativity, religion, and counselor's LGB-affirmative counseling self-efficacy*. Poster presentation at the annual convention of American Psychological Association, Denver, CO.

Regional

5. **Li, P. F. J.** (2019, November). *Asian American lay beliefs about meaning in life and meaning in life judgment: A mixed-methods study*. Poster presentation at the annual convention of Indiana Psychological Association at Indiana University-Purdue University Indianapolis, Indianapolis, IN.
4. **Li, P. F. J.** (2019, April). *Social justice in the field of counseling psychology in Hong Kong*. Poster presentation at the annual Great Lakes Regional Counseling Psychology Conference at University of Louisville, Louisville, KY. [Poster selected for best poster competition].
3. Lee, C. S., Gonzalez, P. D., **Li, P. F. J.**, Pardue, D. A., Kennedy, K. W., & Wilkins-Yel, K. G. (2019, February). *Counseling psychologists as consultants: Lessons learned from a social justice consultation project*. Poster presentation at the Winter Roundtable Conference in Psychology Education at Teachers College, Columbia University, New York, NY.
2. **Li, P. F. J.** (2018, November). *Make it work: Giving effective feedback to students*. Presentation presented at IU Online Conference, Indianapolis, IN.
1. Engblom, H., **Li, J. P.-F.**, Dunk, M., Gissen, M., Cochran, R., Mitchell, J., Odendahl, M., & McRae, C. (2016, April). *Effects of Dance for PD® on quality of life among persons with Parkinson's disease*. Poster presentation at the annual convention of Rocky Mountain Psychological Association, Denver, CO.

Institutional

4. **Li, P. F. J.**, & Demsey, L. (2018, August). *Finding yourself: Identity & authority in the classroom*. Workshop presentation at Center for Innovative Teaching and Learning Associate Instructor Orientation, Indiana University, Bloomington, IN.
3. **Li, P. F. J.** (2017, April). *Building rapport across cultures*. Symposium presentation at the DU Research and Performance Summit, University of Denver, Denver, CO.
2. Chao, R. C.-L., **Li, P. F. J.**, & Zhao, C. (2017, April). *Promoting well-being with the international student group*. Symposium presentation at the DU Research and Performance Summit, University of Denver, Denver, CO.

1. Chao, R. C.-L., Ali, H., & Li, P. F. J. (2017, April). *The voice from refugees: Toward a global support*. Symposium presentation at the DU Research and Performance Summit, University of Denver, Denver, CO.

TEACHING EXPERIENCES

Associate Instructor 2017 – 2021	Indiana University Bloomington Taught undergraduate courses: Communication for Youth Serving Professionals Asian American Mental Health Introduction to Counseling Psychology Positive Psychology Multicultural Counseling-Related Skills and Communication
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INVITED PRESENTATIONS

19. Li, P. F. J. & Shiebler, S. O. (2022, April). *Supporting domestic and international Ph.D. students: Tips for faculty members*. Presentation to faculty members at the Foster School of Business of University of Washington, Seattle, WA.
18. Li, P. F. J. (2021, April). *Tips on preparing for a successful predoctoral psychology internship*. Presentation to counseling psychology doctoral students at the Department of Counseling and Educational Psychology of Indiana University, Bloomington, IN.
17. Li, P. F. J. (2020, October). *Positive psychology in adversities: Vitamin Gs*. Presentation to the course (EDUC-X159: You@IU) dedicated to first-year and transfer students of the Student Academic Center of Indiana University, Bloomington, IN.
16. Li, P. F. J. (2020, January). *Introduction to positive psychology*. Presentation to the clinical meeting at the Student Counseling Center of Indiana State University, Terre Haute, IN.
15. Li, P. F. J. (2020, January). *Identity×Intersectionality among Asian Americans*. Presentation to the annual retreat camp of the Asian Cultural Center of Indiana University, Bloomington, IN.
14. Li, P. F. J. (2019, October). *Cultural perspectives on positive psychology*. Guest lecture presentation to undergraduate students at Indiana University, Bloomington, IN.
13. Li, P. F. J. (2019, September). *A quick guide to group counseling*. Presentation to the clinical meeting at the Student Counseling Center of Indiana State University, Terre Haute, IN.
12. Li, P. F. J. (2019, September). *Record keeping in clinical practice at a university counseling center*. Presentation to the clinical meeting at the Student Counseling Center of Indiana State University, Terre Haute, IN.
11. Li, P. F. J. (2019, April). *Understanding eating disorders: Treatment, training, and supervision*. Guest lecture presentation to the clinical staff meeting at the Center for Human Growth of Indiana University, Bloomington, IN.
10. Li, P. F. J. (2019, April). *Promoting human growth and resilience: Passion in positive existential psychology*. Guest lecture presentation to the clinical staff meeting at Indiana University Health Charis Center for Eating Disorders, Indianapolis, IN.
9. Li, P. F. J. (2018, November). *Life of a graduate student in counseling psychology*. Guest presentation to undergraduate students of the Psi Chi International Honor Society in Psychology at Indiana University, Bloomington, IN.

8. **Li, P. F. J.** (2018, October). *Eradicating systems of oppression*. Guest lecture presentation to undergraduate students at Indiana University, Bloomington, IN.
7. **Li, P. F. J.** (2018, October). *Healthy interpersonal relationships: Attachment theory and the triangular theory of love*. Guest lecture presentation to the Intensive Outpatient Program of Indiana University Health Charis Center for Eating Disorders, Indianapolis, IN.
6. **Li, P. F. J.** (2018, August). *Evidence-based practice in psychology: The effective counseling and psychotherapy*. Guest lecture presentation to Hong Kong Shue Yan University and Asian Professional Counseling and Psychology Association, Hong Kong.
5. **Li, P. F. J.** (2018, August). *Working with diverse clients and going beyond the therapy room: Multicultural and social justice counseling competencies*. Guest lecture presentation to Hong Kong Shue Yan University and Asian Professional Counseling and Psychology Association, Hong Kong.
4. **Li, P. F. J.** (2018, May). *How to apply positive psychology to develop your character strengths*. Webinar presentation to The Academy, China.
3. **Li, P. F. J.** (2018, January). *How to prepare for doctoral interviews*. Webinar presentation to the Association of Chinese Helping Professionals and Psychologists-International (ACHPPI).
2. **Li, P. F. J.** (2017, April). *Acculturation, cultural challenges, and considerations for counseling international students*. Guest lecture presentation to master's students at University of Denver, Denver, CO.
1. **Li, P. F. J.** (2016, December). *Challenges and opportunities in studying counseling psychology in the United States*. Guest lecture presentation to undergraduate students at the Hong Kong Shue Yan University, North Point, Hong Kong.

SUPERVISION EXPERIENCES

Practicum Counselor 2019 – 2020	Student Counseling Center , Indiana State University (ISU) Provided weekly supervision to master's-level clinical trainees
Practicum Counselor 2019	Center for Human Growth , Indian University Bloomington (IU) Provided weekly supervision to master's-level clinical trainees

CLINICAL EXPERIENCES

Predoctoral Intern 2021-2022	Counseling Center , University of Washington Provided short-term individual and group therapy for clients
Practicum Counselor 2019 – 2020	Student Counseling Center , ISU Provided short-term individual and group therapy for clients
Practicum Counselor 2019 – 2020	From Cancer to Health Training Institute , IU Bloomington Provided evidence-based treatment for diagnosed with cancer.
Practicum Counselor 2018 – 2019	Charis Center for Eating Disorders , IU Health Provided comprehensive treatment for clients with eating disorders
Practicum Counselor 2017 – 2018	Center for Human Growth , IU Bloomington Provided Strength-Centered Therapy (Wong, 2006) for clients

Group Facilitator 2018	Community Conversations, IU Bloomington Facilitated conversations on diversity (Wilkins-Yel et al., 2020)
Internship Counselor 2016 – 2017	Salvation Army Denver Adult Rehabilitation Center Provided Motivational Interviewing for clients with substance uses
Clinic Counselor 2016 – 2017	Counseling & Educational Services Clinic, University of Denver Provided individual counseling and outreach services
Clinical Intern 2015 – 2016	Colorado Devereux Advanced Behavioral Health Provided crisis counseling to adolescents with high-risk concerns

INTERNAL SERVICES

2018 – 2019	Co-Chair, IU Counseling Psychology Student Organization
2018 – 2019	Emissary for Graduate Students, IU University Graduate School
2018	Workshop Leader, IU Center for Innovative Teaching & Learning
2017 – 2018	International Liaison Committee Chair, IU Bloomington

EXTERNAL SERVICES

2022	Reviewer, Meaning in Life International Conference
2022	International Program Committee, Meaning in Life International Conference
2021	Reviewer, APA Div. 17 Annual Convention
2021	Reviewer, Meaning in Life International Conference
2017 – 2020	Student Representative, Awards Committee APA (Div. 17)
2019	Outstanding Student Paper Award Review Committee, The Counseling Psychologist
2019	Reviewer, Counseling Psychology Conference
2018	Reviewer, APA Div. 45 Researcher Conference
2018	Professional Development Subcommittee, International Mentoring & Orientation Committee (IMOC), APA (Div. 17)
2016 – 2018	Student Representative and Webmaster, Association of Chinese Helping Professionals & Psychologists-International (ACHPPI)
2018 – 2019	Student Representative, Indiana Psychological Association
2018	Reviewer, Indiana Psychological Association Fall Conference & Annual Meeting
2018	Social Justice Consultant, Stone Belt Arc, Inc.
2017	Reviewer, Research and Performance Summit, University of Denver

EDITORIAL EXPERIENCES

Journal Reviewer	<i>Journal of Counseling Psychology</i> (ad hoc), <i>Death Studies</i> (ad hoc), <i>Journal of Positive Psychology</i> (ad hoc), <i>Journal of Happiness Studies</i> , <i>The Counseling Psychologist</i> , <i>Counselling</i>
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PROFESSIONAL AFFILIATIONS

International Positive Psychological Association (IPPA)

International Network on Personal Meaning (INPM)

Association of Chinese Helping Professionals and Psychologists-International (ACHPPI)

APA Div. 17 Society of Counseling Psychology