

CURRICULUM VITA

Nita Mary McKinley, PhD

Spring 2012

Address: Interdisciplinary Arts & Sciences
University of Washington-Tacoma
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EDUCATION

Ph.D., Developmental Psychology May, 1995
University of Wisconsin-Madison
Minor: Women's Studies
Chairperson: Janet S. Hyde, PhD
Honors: University Fellowship

B.A., Linguistics May, 1974
University of Texas at Austin
Honors: High Honors, Phi Beta Kappa

PROFESSIONAL EXPERIENCE

Associate Professor, Interdisciplinary Arts & Sciences 2006-present
University of Washington, Tacoma

Assistant Professor, Interdisciplinary Arts & Sciences 2002-2006
University of Washington, Tacoma

Assistant Professor, Psychology 1998-2002
Allegheny College, Meadville, PA

Visiting Assistant Professor, Psychology 1996-1998
Bates College, Lewiston, ME

Visiting Lecturer, Psychology 1995-1996
University of Wisconsin-Platteville

Lecturer, Psychology 1994-1995
University of Wisconsin-Madison

Lecturer, Psychology 1995
Carroll College, Waukesha, WI

Lecturer, Psychology 1994
University of Wisconsin-Milwaukee

RESEARCH GRANTS AWARDED

Founders Endowment Grant March 2003
University of Washington, Tacoma
For Wisconsin Alumni Longitudinal Body Image Study: \$5,100

IAS Research Fund Grant November 2002
University of Washington, Tacoma
For research on Community Body Consciousness: \$500

RESEARCH

PUBLICATIONS

Peer Reviewed Journal Articles

- McKinley, N. M., & Lyon, L. A. (2008). Menopausal attitudes, objectified body consciousness, aging anxiety, and body esteem: European American women's body experiences in midlife. In review at *Body Image: An International Journal of Research*, 5, 375-380.
- McKinley, N. M. (2006). The developmental and cultural contexts of objectified body consciousness: A longitudinal analysis of two cohorts of women. *Developmental Psychology*, 54, 159-173.
- Lindberg, S.M., Hyde, J.S., & McKinley, N.M. (2006). A measure of objectified body consciousness for pre-adolescent and adolescent youth. *Psychology of Women Quarterly*, 30, 65-76.
- McKinley, N. M. (2006). Longitudinal gender differences in objectified body consciousness and weight control: Cultural and developmental contexts in the transition from college. *Sex Roles: A Journal of Research*, 54, 159-173.
- McKinley, N. M., & Randa, L. R. (2005). Adult attachment and body satisfaction: An exploration of general and specific relationship differences. *Body Image: An International Journal of Research*, 2(3), 209-218. (co-authored with UWT undergraduate student)
- McKinley, N. M., & Hyde, J. S. (2004). Personal choice or structural factors? A contextual analysis of breastfeeding duration. *Psychology of Women Quarterly*, 28, 388-399.
- McKinley, N. M. (2004). Resisting body dissatisfaction: Fat women who advocate fat acceptance. *Body Image: An International Journal of Research*, 1/2, 213-219.
- McKinley, N. M. (1999). Women and objectified body consciousness: Mothers' and daughters' body experience in cultural, developmental, and familial context. *Developmental Psychology*, 35, 760-769.
- McKinley, N. M. (1998). Gender differences in body esteem: The mediating effect of objectified body consciousness and actual/ideal weight discrepancy. *Sex Roles: A Journal of Research*, 39, 113-123.
- McKinley, N. M., & Billingham, L. (1998). Cervical cancer and STD health beliefs: Predicting pelvic exam intentions in undergraduates. *Women's Health: Research on Gender, Behavior, and Policy*, 4, 155-168. (co-authored with undergraduate student)
- McKinley, N. M., & Hyde, J. S. (1996). The objectified body consciousness scale: Development and validation. *Psychology of Women Quarterly*, 20, 181-215.
- Hyde, J. S., & McKinley, N. M. (1993). Beliefs about the consequences of maternal employment for children: Psychometric analyses. *Psychology of Women Quarterly*, 17, 177-191.

Invited Book Chapters and Articles

- McKinley, N. M. (2011). Feminist consciousness and objectified body consciousness. *Psychology of Women Quarterly*, 35, 684-688.

- McKinley, N. M. (2011). Feminist perspectives on body image. In T. F. Cash & T. Pruzinsky (Eds.) *Body image: A handbook of theory, research, and clinical practice* (2nd Ed). New York: Guilford Press.
- McKinley, N. M. (2011). Continuity and change in self-objectification: Taking a lifespan approach to women's experiences of objectified body consciousness. In Calegero, R. M., Tantleff-Dunn, S., & Thompson, J. K. (Eds.) *Self objectification in women: Causes, consequences, & counteractions*. (pp. 101-115). Washington, D.C.: American Psychological Association.
- McKinley, N. M. (2002). Body image: Feminist perspectives and objectified body consciousness. In T. F. Cash & T. Pruzinsky (Eds.) *Body image: A handbook of theory, research, and clinical practice* (pp.55-62). New York: Guilford Press.
- McKinley, N. M. (2000). The objectified body consciousness scales. In Maltby, J., Lewis, C.A., & Hill, A.P. (Eds.), *Commissioned reviews on 300 psychological tests* (pp. 89-92). Lampeter, Wales: Edwin Mellen Press.
- McKinley, N. M. (1999). Ideal weight/Ideal women: Society constructs the female. In J. Sobal & D. Maurer (Eds.) *Weighty issues: Fatness and thinness as social problems (Social problems and social issues)* (pp. 97-115). New York: Aldine de Gruyter.
- Hyde, J. S. & McKinley, N. M. (1997). Gender differences in cognition: Results from meta-analyses. In P.J.Caplan, M. Crawford, J.S. Hyde, & J. R. E. Richardson (Eds.), *Gender differences in human cognition*. (p. 30-51). New York: Oxford University Press.

Invited Book and Video Reviews

- McKinley, N. M. (2007). A kinder approach to eradicating fatness. *Psychology of Women Quarterly*, 31, 121-122
- McKinley, N. M. (2000). The evolution of thinking about gender: from individual difference to group process. *Psychology of Women Quarterly*, 24, 203.
- McKinley, N. M. (2000). Constructing and deconstructing the body: A review of recent body image videos. *Feminist Collections: A Quarterly of Women's Studies Resources*, 21, 5-7.
- McKinley, N. M. (Spring, 1995). Eating disorders and feminism. *Feminist Collections: A Quarterly of Women's Studies Resources*, 16, 1-3.

Peer Reviewed Paper Presentations

- McKinley, N. M. (2006, March). Perceptions of changes in body experience in older European American women, Paper presented at the annual meeting of the Association for Women in Psychology, Ypsilanti, MI.
- McKinley, N.M. (2005, March). Objectified body consciousness, menopausal attitudes, and body satisfaction in two cohorts of women. Paper presented at the annual meeting of the Association for Women in Psychology, Tampa, FL.
- McKinley, N.M. (2003, March). Community body consciousness. Paper presented at the annual meeting of the Association for Women in Psychology, Jersey City, NJ.

- McKinley, N. M. (2001, March). Attractiveness, health, & diversity: Re-constructing differences among women. Paper presented at the annual meeting of the Association for Women in Psychology, Los Angeles, CA.
- McKinley, N.M. (2000, August). Beauty, Boon or Beast? Dilemmas of Lesbian Body Consciousness. In J. C. Cogan (Chair) *Disrupting the Cultural Narrative by Daring to Discuss Lesbian Beauty*. Symposium presented at the annual meeting of the American Psychological Association, Washington, D.C.
- McKinley, N. M., Cogan, J. C., & Robinson, S. (2000, March). The gazer and the gazed upon: Building theories of lesbian body experience. Discussion facilitated at the annual meeting of the Association for Women in Psychology, Salt Lake City, UT.
- McKinley, N. M., & Wojszwilo, A. (1999, March). Feminism, political activism, and women's body consciousness. Paper presented at the annual meeting of the Association for Women in Psychology, Providence, RI. (co-authored with undergraduate student)
- McKinley, N. M. (1997, October). The effect of objectified body consciousness on peer evaluations: Encouraging body dissatisfaction in women. Paper presented at the annual meeting of the New England Psychological Association, North Easton, MA.
- McKinley, N. M. (1997, August). Resisting body dissatisfaction: Relationships between strategies and psychological well-being. In S. Yogev (Chair), *The Psychology of Thinness and Body Image*. Roundtable conducted at the annual meeting of the American Psychological Association, Chicago, IL.
- McKinley, N. M., & Wright, M. M. (1996, April). Looking good and feeling good: Women's strategies for body esteem. Paper presented at the annual meeting of the Midwest Sociological Society, Chicago, IL.
- McKinley, N. M. (1995, March). Practicing resistance: Fat women write about their body experience. Paper presented at the annual meeting of the Association of Women in Psychology, Indianapolis, IN.
- McKinley, N. M. (1994, August). Women and objectified body consciousness. Poster presented at the annual meeting of the American Psychological Association, Los Angeles, CA.

Invited Presentations

- McKinley, N. M. (2005, March). *A feminist analysis of body image*. Discussant for symposium at the annual meeting of the Association for Women in Psychology, Tampa, FL.
- McKinley, N. M. (2002, June). Objectified body consciousness: Placing women's body experience in developmental and cultural context. In P. H. Miller (Chair), *Locating the body: Feminist perspectives on embodiment and development*. Invited symposium presented at the annual meeting of the Jean Piaget Society, Philadelphia, PA.
- McKinley, N. M. (2001, August). Returning the gaze: A look at objectifiers and the social nature of objectification. In B. L. Fredrickson, (Chair), *Self-Objectification—Causes, Consequences, and Resistance*. Invited symposium presented at the American Psychological Association, San Francisco, CA.

McKinley, N. M. (2000, October). Minding our bodies, minding our minds: Women, society, & the pursuit of the feminine ideal. Presented in Allegheny Humanities Lectures, Meadville, PA.

McKinley, N. M. (2000, May). Women's body dissatisfaction: A normative or a normalizing discontent? Presented at the First Allegheny College Intramural Faculty Conference.

McKinley, N.M. (2000, February). Objectified body consciousness: Using feminist theory and psychology to understand women's body experience. Address to Allegheny Psi Chi, Meadville, PA.

Dissertation

McKinley, N. M. (1995). Women and objectified body consciousness: A feminist psychological analysis. (Doctoral dissertation, University of Wisconsin-Madison, Madison, WI.)
Dissertation Abstracts International, 56, 05B, 9527111.

Outside Reader on Dissertation

Turner, A.S. (2001). Psychological correlates of objectified body consciousness in younger and older adolescent girls. (Doctoral dissertation, The Fielding Institute, Santa Barbara, CA).

Davison, N. A. (2008). A hypothesized model of disordered eating in overweight women. (Doctoral Dissertation, Deakin University, Melbourne, Australia)

POST GRADUATE RESEARCH TRAINING

Hierarchical Linear Modeling Workshop	March 2006
Association for Women in Psychology Annual Conference	
Community-Based Research Workshop	June 2001
Allegheny College	
Structural Equation Modeling Workshop	March 2000
Association for Women in Psychology Annual Conference	

PROFESSIONAL ACTIVITIES

REVIEWING

Editorial Board , <i>Body Image: An International Journal</i>	2003 to present
Consulting Editor , <i>Sex Roles: A Journal of Research</i>	2002 to present
Consulting Editor , <i>Psychology of Women Quarterly</i>	1999 to 2010
Distinguished Reviewer , <i>Psychology of Women Quarterly</i>	2011

Occasional Reviewer

<i>Sex Roles Journal</i>	1997-2000
<i>Psychology of Women Quarterly</i>	1997-1998; 2007
<i>Association for Women in Psychology Annual Conference</i>	1997-2000

PROFESSIONAL SERVICE

Newsletter Editor , Society for the Psychology of Women (Div. 35)	2000-2003
Hyde Undergraduate Research Award Committee , Society for the Psychology of Women	2001 to 2008

UNIVERSITY SERVICE

University of Washington, Tacoma	
IAS Third Year Review Committee for Stephen Ross	April 2012 to May 2012
IAS Health Psychology Search Committee	September 2011 to January 2012
IAS Psychology Major Coordinator	September 2011 to present

UWT Ad Hoc Committee to explore restructure of APC/CC	January 2011 to present
UWT Faculty Assembly Executive Council	September 2011-present
UWT Academic Policy Committee Chair	September 2011-present
UWT Ethics Training	May 6, 2011
UWT Academic Policy Committee	2010-2011
UWT Undergraduate Advising and Admissions Task Force	Winter 2009-Spring 2009
UWT Chair Director of Education Search	Summer 2008-December 2008
IAS Psychology Concentration to Major Lead	Summer 2008
UWT Facilitator Academic Foundations Faculty Workshop	Summer 2008-December 2008
IAS Strategic Planning Committee	Spring 2008 to Spring 2009
IAS Three Year Review Committee Chair for Kelly Forrest	Spring 2008
IAS Tenure Review Committee Chair for Kima Cargill	Spring 2007 to Autumn 2007
IAS Advisor Search Committee	Spring 2007
IAS Three Year Review Committee Chair for Trista Huckleberry	Spring 2007
UWT Ad Hoc Committee to Explore Admissions Procedure	Spring 2007
UWT Assoc. Vice Chancellor of Academic Affairs Job Search	Spring 2007
IAS Office Assistant Search Committee	Fall 2007 to Winter 2007
UWT Review Committee for Director of Urban Studies	Winter 2007
UWT Enrollment Management Committee	Fall 2006 to 2008
Faculty Fellows Research Round Table	September 2006
IAS Graduate Study Review Reply Committee Chair	Fall 2006
IAS Associate Director	Fall 2006 to 2009
IAS Social Psychology Search Chair	Fall 2005 to Spring 2006
IAS Senator	Fall 2005 to Spring 2006
IAS Psychology Concentration Coordinator	Spring 2003 to Spring 2007; 2008 to 2009
IAS Ad Hoc Committee to Investigate Psychology BA	Spring 2004
IAS Ad Hoc Committee for Diversity Strategic Planning	Spring 2004

University of Washington, Seattle

Graduate School Representative, PhD Committee for Katie Witkiewitz	Spring 2004
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Service at Other Institutions

College-Wide Planning Workgroup, Allegheny College	August 2001
Retaining Diverse Faculty Reading Group, Allegheny College	June 2001
Human Learning Search Committee, Allegheny College	Spring 2001
Eating Disorders Awareness Week Committee, Allegheny College	February 2001
Committee on Discriminatory & Sexual Harassment, Allegheny College	2001-2002
Research Group to Study Retention of Women & Diverse Faculty, Allegheny College	Summer 2000
Sophomore Writing Class Subcommittee, Allegheny College	Fall 1999
Women's Studies Steering Committee, Allegheny College	1998-2001
Departmental Research Review Board, Allegheny College	1998-2000, 2001-2002
Co-facilitator, Pride Alliance, Allegheny College	1999-2001
Secretary, Phi Beta Kappa, Allegheny College	1999-2000
Women's Studies Search Committee, Allegheny College	Spring 1999
Research Review Board, University of Wisconsin-Platteville	1995-1996
Undergraduate Administrative Committee, University of WI-Platteville	Fall 1995

COMMUNITY SERVICE

Research Presentation & Talk about UWT Psychology, Highline	Spring 2004
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Community College, Des Moines, WA	
Research Presentation & Talk about UWT Psychology , South Puget Sound Community College, Olympia, WA	Spring 2004
Co-Director, Grrls' World Workshop , Allegheny College, Meadville, PA	Spring 2001, 2002
Adolescent Girls, In-service Training , Crawford County School District, PA	September 2001
Gender Oppression Training , Women's Services, Inc., Meadville, PA	October 2001

TEACHING

COURSES TAUGHT

University of Washington, Tacoma

<i>Adolescent Psychology</i>	2002-2004
<i>Psychology of Women</i>	2002-2003; 2012-present
<i>The Race, Class, & Gender Contexts of Child Development</i>	2003-present
<i>Body Image and the Psychology of Physical Appearance</i>	2003-present
<i>Developmental Psychology in Cultural Context</i>	2004-2007
<i>Women & Health: Power & Inequality</i>	2005-2007
<i>Lifespan Development</i>	2011-present

Courses Taught at Other Institutions

<i>The Psychology of the Adolescent Girl</i>
<i>Lifespan Development</i>
<i>Measuring Femininity & Masculinity (Sophomore Writing)</i>
<i>Research Design and Statistics I</i>
<i>Introduction to Psychology</i>
<i>Feminism & the Body</i>
<i>Introduction to Women's Studies</i>
<i>Mothers & Daughters: Women's Roles across the Lifespan</i>
<i>History and Systems</i>
<i>Human Learning and Behavior</i>

CONTINUING TEACHING EDUCATION

IAS Teaching Forum	April 24, 2009
Suicide Prevention Training, UWT	July 11, 2007
Beyond Inclusion: Strategies for Anti-Oppression Workshop, UWT	February 23, 2007
Safety Zone Training, UWT	April 27, 2006
Diversity Partnership Institute 2006: Reflections Upon Privilege, South Puget Sound Higher Education Diversity Partnership	February 10, 2006
Whiteness/White Privilege, UWT	May 16, 2005
Making Your Teaching Philosophy Public, UWT	April 29, 2005
Student Voices of Diversity Workshop, UWT	April 8, 2005
Seminar on Education & Poverty, Education Program, UWT	Winter 2004
Diversity Partnership Institute 2003: Strengthening Campus Connections, South Puget Sound Higher Education Diversity Partnership	February 28, 2003
UWT/TCC Writing Workshop, UWT	February 20, 2004
UWT/TCC Writing Workshop, UWT	October 2002
National Multicultural Conference and Summit, American Psychological Association	January 2001
National Multicultural Conference and Summit, American Psychological Association	January 2003
Faculty Fellows, University of Washington	September 2002
Service-Learning Workshop, Allegheny College	August 2001
Evaluating Writing Workshop, Allegheny College	September 2000
Teaching Partners Program, Allegheny College	2000-2001

Course Design & Teaching Workshop, Great Lakes College Association	June 2000
Deliver Your Teaching Resources into the Classroom, Allegheny College	October 1998
Evaluating Writing Workshop, Bates College	May 1998
Psychology of Women and Gender Teaching Workshop, Society for the Psychology of Women	August 1997
Teaching Development Series, Bates College	1996-997
Gender and Race Sensitivity Training, University of Madison-Wisconsin	Fall 1990