

Leighann R. Chaffee
University of Washington, Tacoma
1900 Commerce Street, Tacoma, WA
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Academic Appointments

University of Washington, Tacoma, WA

School of Interdisciplinary Arts & Sciences	2011-present
Associate Teaching Professor	2018-present
Lecturer, competitive hire	2013-2018
Lecturer, temporary	2011-2013
Coordinator of Introductory Psychology	2013-2023
Coordinator of the Undergraduate Research Participant Pool	2013-2019

Seattle Colleges, Seattle, WA

Adjunct psychology instructor at South Seattle and North Seattle Colleges 2010 – 2013

Northern Arizona University, Flagstaff, AZ

Graduate teaching assistant, laboratory instructor 2006 – 2008

Education

Boston College – Chestnut Hill, MA

Doctoral study in Behavioral Neuroscience (no degree) 2008-2009
Thesis: "Forebrain networks and the control of extra-homeostatic feeding"

Northern Arizona University – Flagstaff, AZ

Master of Arts in Psychology: Behavioral Neuroscience and college teaching 2006-2008
Thesis: "Differential EEG response to salience of stressful stimuli"

Gonzaga University – Spokane, WA

B.A. Psychology; Mathematics Minor 2002-2006
Regent Scholar

Research and Scholarship

Biopsychology of Eating

University of Washington Tacoma Spring 2013-present
Student hypothesis-driven research in food choice and decision making, using a lens of biopsychology to better understand the biopsychosocial determinants of eating attitudes and choices.

Program Assessment

University of Washington Tacoma Spring 2016-present
Ongoing: Assessment of psychology major (ongoing), study abroad program assessment (GIF)
Assessment of Sound Experience (nonprofit organization) Educational Outcomes (2016-2018)

Scholarship of Teaching and Learning

University of Washington Tacoma and Seattle University Spring 2013-present
Development of classroom techniques to foster metacognition and self-regulated learning and contribution to publications on pedagogy and teaching.

Neurobiology of Feeding Behavior

Boston College Spring 2008-Spring 2009
Examination of the cortical, amygdaloid, hippocampal, and hypothalamic pathways of potentiated feeding using a rodent model of food reward.

Physiology of the human stress response

Northern Arizona University Spring 2007-Spring 2008
Neurobiology: Quantitative research exploring neurochemical processes and the BioPack technology to improve understanding pharmacological anxiolytic treatments in college students
Neuroimaging: Thesis project completed, *Differential EEG Response to Salience of Stressful Stimuli in High and Low Anxiety Participants* under the direction of a faculty committee.

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Honors and Awards

Global Innovative Fund: Assessment of study abroad programs (2023)
OSCAR for RSO Advisor of the Year: Psychology Club (2018)
Distinguished Teaching Award Nominee (2016)

Publications

- Chaffee, L. R. (2023). Addressing research bias in the psychology of eating and food choice: The proof is not in the pudding. [Manuscript in preparation]
- Chaffee, L. R. & da Silva, S. (2022). A Guide to the Psychology of Eating [textbook]. London, UK: Bloomsbury Academic.
Role: Independently developed the proposal and outline for the textbook, joined with co-author for composition of the chapters after the book proposal was received.
- Parada, J. & Chaffee, L. R. (2022). Neuroscience in the Psychology Curriculum. In S. Narciss et al. (Eds.) International Handbook of Psychology Learning and Teaching. Springer International.
Role: Secondary author, outlined and composed a portion of the chapter.
- Chaffee, L. R. (2022). Are you going to eat that? Implicit influences on preferences and consumption. In B. Forrest & G. de St. Maurice (Eds.) More than a Madeline: Food in Memory and Imagination. London, UK: Bloomsbury Academic.
- Chaffee, L. R. (2020). Are you going to drink that? Implicit preferences for sugar-sweetened beverages. [Manuscript in preparation with undergraduate research assistants – Pandemic pause]
- Chaffee, L. R. (2020). Letter of support – Sound Experience project. *Marine Debris Prevention through Restorative Youth Engagement*, NOAA grant.
- Chaffee, L. R. (2018). *An Interdisciplinary Approach to the Psychology of Food and Culture*. In Bloomsbury Food Library. London: Bloomsbury Academic. (Pedagogical resources)
- Chaffee, L. R. (2018). Supplementary materials and pedagogical resources. In N. Carlson & M. Birkett (Authors) Physiological of Behavior. (12th ed.) Pearson Publishing.
- Chaffee, L. R. & Cook, C. L. (2015). The allure of food cults: Balancing pseudoscience and healthy skepticism. In Kima Cargill (ed.). Food Cults. Rowan & Littlefield.
Role: Equal coauthor in conception, outline, and composition of the chapter.
- Chaffee, L. R. (2015). The Collaborative Journal Article. In Melissa Birkett's *Teaching Neuroscience* e-book.
- Chaffee, L. R. (2008). Thesis: *Differential EEG Response to Salience of Stressful Stimuli in High and Low Anxiety Participants* was completed at Northern Arizona University with the guidance of my thesis committee.

Presentations

- * Luna, L. Whitmarsh, V. & Chaffee, L. R. (May, 2023). Sugar, strife, and thinking twice: Metacognitive guidance in moderating stress related choice of sugar-sweetened beverages. Poster presented at the Western Psychological Association Conference, Riverside, California and the UW Undergraduate Research Symposium, Seattle, Washington.
Travel and fees supported by an award from the UWT Student Conference Travel fund.
- *Whitmarsh, V. Luna, L. & Chaffee, L. R. (May, 2023). The (non)-mediating role of self-compassion on food choices made during financial stress. Poster presented at the Western Psychological Association Conference, Riverside, California and the UW Undergraduate Research Symposium, Seattle, Washington.
Travel and fees supported by an award from the UWT Student Conference Travel fund.
- * Romero, G. (2023). From militarization to globalization: An explorative reflection of Czechia. Global honors thesis supervised. Student presented at the Global Honors Conference at UW Tacoma.

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Chaffee, L. R. (June, 2021). *Do you really want it? The role of automatic and deliberate processes in food choice and health behavior*, presentation at the Association for the Study of Food and Psychology Conference, virtual - Panel organizer and presenter

Chaffee, L. R. (July, 2020). Do you really want it? Implicit bias toward sugar sweetened beverages. Conference presentation for the Society for the Study of Ingestive Behavior annual conference, Portland, Oregon (cancelled).
Travel and fees supported by the SIAS Scholarship and Teaching Funds, awarded Spring, 2020 (not used)

Chaffee, L. R. (June, 2020). *Understanding diet trends: The role of automatic and deliberate processes in food choice and health behavior* presentation at the Association for the Study of Food and Psychology Conference, Athens, Georgia (cancelled) – Panel organizer

Chaffee, L. R. (June, 2020). *Preservation of Czech cuisine after socialism: Much ado about dumpling*, presentation at the Association for the Study of Food and Psychology Conference, Athens, Georgia (cancelled)

*Masterman, N. & Chaffee, L. R. (May, 2020). Disliking soda to fit in? Personal and social factors predict sugar-sweetened beverage selection. Poster accepted for the Association for Psychological Science annual conference, Chicago, Illinois (cancelled)

*Boles, T., *Do, A., & Chaffee, L. R. (May, 2020). Understanding contributions to sugar-sweetened beverage consumption: The role of physical activity as a compensatory health belief. Poster accepted for the Association for Psychological Science annual conference, Chicago, Illinois (cancelled)

Chaffee, L. R. (June, 2019). *HIP cuisine: Collaboration, diversity, and global learning through food* presentation at the Association for the Study of Food and Psychology Conference, Anchorage, AK.
Travel and fees supported by the SIAS Scholarship and Teaching Funds, awarded Spring, 2019

Chaffee, L. R. (May, 2019). *Society for Teaching of Psychology Global Education Summit*, participant in competitive admission conference jointly sponsored by the United Nations UPEACE, San Jose, Costa Rica.

*Masterman, N. & Chaffee, L. R. (2019). The role of implicit preferences and social desirability in health outcomes. Poster at Western Psychological Association conference in Pasadena, California.

*Vine, K., *Boles, T. & Chaffee, L. R. (2019). I'll just work this off later: Compensatory health beliefs, consideration of future consequences, and personal health perceptions. Poster at Western Psychological Association conference in Pasadena, California. (student travel funded by the Undergraduate Research Award for UW)

*Masterman, N., *Vine, K., & Chaffee, L. R. (2018). Think before you drink soda: Implicit preferences and beverage selection under cognitive load. Poster at Western Psychological Association conference in Portland, Oregon, and the Undergraduate Research Symposium, UW Seattle.

*Rennie, A. & Chaffee, L. R. (2018). Are you going to eat that? Snack selection as an outcome of evaluative conditioning and implicit preferences. Poster at Western Psychological Association conference in Portland, Oregon.

*Johnson, H., *Rennie, A., & Chaffee, L. R. (2017). Do you really want it? Implicit bias toward sugar sweetened beverages. Poster at Western Psychological Association conference in Sacramento, California, and the Undergraduate Research Symposium, UW Seattle.

*Diteman, K., & Chaffee, L. R. (2017). Implicit attitudes and the health halo. Poster at Western Psychological Association conference in Sacramento, California.

Cargill, K., Chaffee, L. R., and Chrzan, J. (June, 2016). Pseudoscience and Nutrition: The enduring appeal of magical thinking, dietary fads, and nutritional extremism. Conference panel, Association for the Study of Food and Society annual conference in Toronto, Ontario, Canada.

Chaffee, L. R. (July, 2014). *Enhancing metacognitive monitoring in Introductory Psychology Courses* demonstration at the Stanford University Psychology ONE Conference.
Travel and conference fees funded through the UWT SIAS Research and Teaching Funds.

* Undergraduate research assistants

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Campus and Community Service

UW Tacoma Notable Service

- Student Success Working Group: High Impact Practices: 2023-present
- UW Faculty Council (tri-campus) on Teaching and Learning, Autumn 2022-present
- Undergraduate Research Community of Practice co-chair, Summer 2018-2019
 - Spring, 2019 Student Success Lightning Talk
- Executive Council SIAS representative, 2017-2019
- Office of Global Affairs Scholarship Committee, 2016-present
- Royalty research fund reviewer, 2013 and 2014

UWT SIAS Service

- SIAS Faculty Council, Autumn 2022 – Autumn 2023
- SIAS Faculty Council taskforce on Bylaws, 2021-2022
- Faculty council substitute, Spring 2020
- Faculty search committees (2012-present)

Divisional and major service

- SBHS curriculum workgroup, Autumn 2021 - present
- Introductory Psychology Course Coordinator, 2013 - present
- Coordinator of the Undergraduate Research Participant Pool, SBHS, 2013-2019
- Psychology Lunch Research Seminars – Presentations in 2016, 2018, 2019, and 2022
- Psychology Club (Registered Student Organization) Faculty Advisor, 2017-2018

Mentoring

- Psychology new and temporary faculty:
 - Each year, I connect with new and temporary faculty to provide resources, answer questions, meet regularly, and support their development
 - Panel participant for Assistant Teaching Professors seeking promotion (2022)
- UWT students:
 - Psychology seminars – GREs and graduate school application workshops
 - Mentoring 70+ students in preparation for life after UWT, including internships, job applications, letters of recommendation, and graduate admissions
 - Access in STEM mentoring (2019-2020), Mentor, Student Success Program (2012-2019)
 - Mentored students include a tenured professor at Bellevue College, 4 students currently in doctoral study, 2 students in medical school, 4 students in other professional schools, and ~15 in other graduate programs (e.g. Social Work, Masters in Counseling).

Curriculum development

- Behavioral and Affective Neuroscience (TBIOL XXX)
- Research methods two-course sequence (TPSYCH 209 & 309)
- Psychopharmacology (TPSYCH 361)
- Sport Psychology (TPSYCH 460)
- Study abroad in Central Europe: Themes in psychology, superheroes, and culture
 - 2015 and 2016 summer program in Vienna, Austria
 - 2018 hybrid summer program in Vienna, Berlin, Prague, and Zagreb
 - 2022 and 2024 hybrid summer program in Prague, Czechia

Professional development

- Digital Learning User Experience (DLUX) testing (2023)
- Technology Teaching Fellows Institute (2022)

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- Indigenizing Pedagogy Institute (AY 2021-2022)
- Teaching Squares, UWT (Autumn 2021)
- OEI Quarterly Faculty Learning Community (Winter 2021)
- Academics for Black Survival and Wellness Course (Summer 2020)
- COIL fellowship, 2018-2019
- Center for Teaching and Learning Community – Scholarship of Teaching and Learning (2013)
- Seattle University Professional Development Certificate: New Faculty Success (2013)

Community involvement

- Parenting Science Podcast invited guest (September 2023)
- Presentations for UWT Psychological & Wellness Interns (May 2022, April 2023)
- Heritage Radio Network Podcast invited guest (Summer 2022)
- Bloomsbury Podcast invited co-host (Summer 2022)
- Guest lecture, Frank Tobey Jones community, Tacoma, WA (2021)
- Teaching Food Systems Community of Practice, invited participant, Columbia University (2019-present)
- Sound Experience Education Committee volunteer (2019-2020)
- Stand Up Science: Tacoma Comedy Club (2019)
- Grit City Think & Drink: Are you going to drink that? The complexity of flavor perception (2018)
- Washington State History Museum Scholarly Selections presentation: How does conflict shape cuisine? Let them eat kolache (2017)
- Court 17 event: Cooking demonstration (2017)
- Admitted Student Day teaching demonstration (2017)
- Guest Lecturer, Teaching Practicum for graduate students, Northern Arizona Univ. (2011, 2013, 2014)
- Special Olympics of Washington State volunteer

Professional memberships

Society for the Study of Ingestive Behavior
Society for the Teaching of Psychology
Faculty for Undergraduate Neuroscience

Association for the Study of Food and Society
Western Psychological Association
Faculty for Undergraduate Neuroscience

Teaching Experience and Expertise

TCORE 113: Introduction to the social sciences
First year course, themes: Global food pathways,
Social sciences in sport and athletics

TPSYCH 101: Introductory Psychology

TPSYCH 209: Fundamentals of Psychological
Research I

TPSYCH 250: Human Cognition

TPSYCH 260: Biopsychology

TPSYCH 330: Social Sciences Research

TPSYCH 360: Health Psychology

TPSYCH 361: Psychopharmacology

TPSYCH 404: Psychology of Food and Culture

TPSYCH 460: Sport Psychology

Study Abroad – Central Europe: Psychology of Food
and Culture (4 summer programs)